



*Flipping Futures in the right direction*  
**REBOUNDERS**  
**Gymnastics**

## **PARENT-CHILD PROGRAM** **16 TO 36 MONTHS** **40 MINUTE CLASSES**



### **PARENT-CHILD TIGGER CLASSES** **AGES 16 TO 36 MONTHS**

Activities include music, gross motor, and sensory exploration. The use of a variety of small pre-school gymnastics and vestibular equipment (trampolines, pits, swings, barrels, ....) will ensure a fun time. Classes follow an obstacle course format with special pre-school equipment allowing toddlers to increase their strength, flexibility, balance, body awareness and listening skills

Parents will learn safe spotting techniques to help their toddler develop beginning gymnastics skills. Toddlers and parents are sure to love the way classes incorporate energetic music, parachute, games, special activities and of course our scented STAMPS! We offer four Tigger class age groups:

#### **MINI TIGGERS** **AGES 16 TO** **28 MONTHS**

This class is designed to keep the busy toddler moving and encourages them to use their listening skills.



#### **COMBO TIGGERS** **AGES 24 TO 32 MONTHS**

This class is especially designed for the "on the move" toddlers. Toddlers will continue to develop their listening skills and start to learn to stay with the group and take turns.

#### **SUPER TIGGERS** **AGES 28 TO 36 MONTH**

This class is designed as a transitional class to our Pre-School Program Mice Class. Children will learn basic gymnastics terminology and enhance their physical ability and confidence so they can follow directions independently.

**FOR CLASS SCHEDULE AND FEES PLEASE REFER TO WHITE REGISTRATION FORM**